

BEHÇET'S DISEASE

Behçet's Disease is a rare, chronic, multi-system inflammatory disease that causes inflammation of blood vessels^{1,2}

Affected Areas³

INFLAMMATION CAUSED BY THE DISEASE CAN AFFECT AREAS SUCH AS:



MOUTH



GENITALS



SKIN



JOINTS



EYES

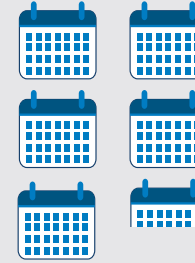
Diagnosis^{4,5}

MEAN DURATION FROM ONSET OF SYMPTOMS TO DIAGNOSIS IS

5.3 YEARS*

There is no targeted diagnostic test for Behçet's Disease

* Study of 661 patients at the Behçet's Disease units of Akdeniz, Cukurova, Firat, Gazi, Inonu and Mersin Universities.



Prevalence^{3,6}

MOST COMMON

in Mediterranean, Middle Eastern & Asian countries



IRAN



ISRAEL



JAPAN

HIGHEST PREVALENCE

APPROXIMATELY
1 OUT OF EVERY
240 PEOPLE
TURKEY

Symptoms^{3,7}

Symptoms typically begin between **AGES 20-30**, but can occur at any age and typically come and go over a period of months or years throughout a patient's lifetime



Sores in the mouth or on the genitals



Skin and acne-like lesions



Recurring ulcers in the digestive tract



Joint pain and swelling



Brain inflammation



Inflamed eyes, blurry vision, sensitivity to light & blindness (if uncontrolled)



Inflammation of blood vessels and blood clots

Impact^{6,8}

THE IMPACT OF THE SYMPTOMS OF BEHÇET'S DISEASE MAY BE MORE THAN JUST PHYSICAL

PAIN IN THE BODY MAY ALSO CAUSE:



DEPRESSION



ANXIETY



TENSION



FEAR

Quality of Life⁶



Possible pain and discomfort can cause difficulties in day-to-day tasks and disrupt sleep



Painful oral ulcers may make it difficult to eat and speak normally



Symptoms can have a negative impact on mental health, self-esteem, body image and relationships

¹ Senusi A, Higgins S, Fortune F. The influence of oral health and psycho-social well-being on clinical outcomes in Behçet's disease. *Rheumatol Int.* 2018;38(10):1873-1883.

² Orpha.net Behçet's Disease. Available at: [https://www.orpha.net/consor/cgi-bin/Disease_Search.php?lng=EN&data_id=703&Disease_Disease_Search_diseaseGroup=Behcet-s&Disease_Disease_Search_diseaseType=Pat&Disease\(s\)/group%20of%20diseases=Behcet-disease&title=Beh%E7et%20disease&search=Disease_Search_Simple](https://www.orpha.net/consor/cgi-bin/Disease_Search.php?lng=EN&data_id=703&Disease_Disease_Search_diseaseGroup=Behcet-s&Disease_Disease_Search_diseaseType=Pat&Disease(s)/group%20of%20diseases=Behcet-disease&title=Beh%E7et%20disease&search=Disease_Search_Simple) Accessed: April 2020.

³ Leonardo NM and McNeil J. Behçet's Disease: is there geographical variation? A review far from the Silk Road. *Int J Rheumatol.* 2015;2015:945262.

⁴ Zeidan MJ, Saadoun D, Garrido M, et al. Behçet's Disease pathophysiology: a contemporary review. *Auto Immun Highlights.* 2016;7(1):4.

⁵ Alpsay E, Donmez L, Onder M, et al. Clinical features and natural course of Behçet's Disease in 661 cases: A multicentre study. *Br J Dermatol.* 2007;157(5):901-906.

⁶ Canpolat O and Yurtsever S. The quality of life in patients with Behçet's Disease. *Asian Nurs Res.* 2011;5(4):229-235.

⁷ Behçet's Disease. National Institutes of Health Genetic and Rare Diseases Information Center. Available at: <https://rarediseases.info.nih.gov/diseases/848/behcet-disease>. Accessed April 2020.

⁸ Senusi A, Ola D, Mather J, Mather J, Fortune F. Behçet's syndrome and health-related quality of life: influence of symptoms, lifestyle and employment status. *Clin Exp Rheumatol.* 2017;35(Suppl. 108):S43-S50.